

UNDERSTANDING How To be Strong in The Lord Handout 5

The Word of God can preserve and protect our soul and save us from sickness and disease, thereby causing us to walk in divine health.

- 1. Restoration is a chance to go back to your first love (Rev. 2:1-5).**
 - A.** It is the Word of God that can save (deliver, protect, heal, preserve the soul. The Word of God can make the soul whole (Jas. 1:21)!
 - B.** Paul told Timothy to stir up the gift of the Holy Ghost that is in him. The understood subject of that sentence is "you." You stir up the Holy Ghost that is in you. Go to the Word, Worship and praise God. Sound means disciplined and self –controlled (2 Tim. 1:5-7).
 - C.** The Word is medicine to your body. Your mouth is connected to your physical and emotional health. Do not become distracted (Prov. 4:20-27).

- 2. Though we know these things, we need to be reminded (2 Peter. 1:12,13).**
 - A.** You can hear and know the Word and let it slip (Heb. 2:1).
 - B.** There may be things you once knew in the Word that isn't working for you today.
 - C.** Peter stirred them up by reminding them of what they already knew.
 - D.** The Word of God restores the soul.(Matthew 11:28-30)
 - E.** God always warns. (Amos 3:7)

- 3.. Learning the parable of the sower will save your soul (Mat. 13, Mark 4, Luke 8).**
 - A.** The seed fell on the side of road (Mark 4:13).
 - B.** The seed fell among rocks; the person was offended and walked away.
 - C.** The seed fell among thorns (Mark 4:18-19). They were distracted.
 - D.** Four distractions this year, pandemic, race, unemployment, presidential election.
 - E.** Christians should not be in strife with other Christians (1 Cor. 11:27-31).
 - F.** The seed was sown on good ground. Good (Gk. Kalos) means beautiful, valuable, virtuous for appearance or use, honest, well, worthy, better (Mark 4: 20).

- 4. Doing what God says causes God to work in your life (Jas. 1:19, 20).**
 - A.** Decide to think on the Word of God.
 - B.** Decrease the level of the news media.
 - C.** You may need to separate yourself from some people.
 - D.** Believers must recognize that the Worlds system is separate from Gods System (1John 2:16)
 - E.** We should not be living like the world nor should we even think like they do. As new creatures we have new natures (2 Corinthians 5:17)
 - F.** As new creatures we have a choice to allow Christ's love to control us or we can allow our old habits and opinions to direct our lives (2 Corinthians 5:14)
 - G.** We should not feel completely at home in in this world. We should live fulfilled lives however we should live as pilgrims on the earth Our real home is heaven (Hebrews 11:13)

H. Our God desires for us to be completely committed to Him. God does not want us to adopt or to embrace the values of the world. (James 4:5 Amp)

5. This opens door to sickness and disease.

A. In some cases, sin opens the door to sickness. When you repent and call on the Lord, He will have mercy on you (Psa. 107:17-22).

B. Fornication leads to sickness and disease (1 Cor. 6:18).

C. Losing sight of the Word of God causes sickness and disease (Psa. 119:67).

D. Forgetting God's Word leads to sickness (Prov. 3:1-8).

E. Anger and bitterness lead to (the devil) illness (Eph. 4:26-27, 30-32).

F. Envy and strife breeds sickness (Jas. 3:16).

G. Speaking evil against others (Jas. 3:1-16).

6.. This is what we should do assist us in being strong in the Lord.

A. Humble yourself before God; admit that you have flaws (Jas. 5:16).

B. Humility is a spiritual law that governs Gods Kingdom. In Gods kingdom Grace & Honor does not work outside humility (proverbs 15:33)

C. As believers we must cooperate with the law of humility. The main reason people struggle with life is pride (Proverbs 16:18)

D. Most human suffering is self-imposed. It comes as a direct result of refusing to humble ourselves before God and follow his wisdom (Proverbs 18:12).

E. True humility does not promote or put himself down. It agrees with God and submits to the authority of His word. If the Word says you are the righteousness Of God and can do all things thru Christ who strengthens you. It would be pride to disagree (2 Corinthians 5:21; Philippians 4:13)

F. If the Word says you can lay hands on the sick and They'll recover (mark 16:18) exalting your religious opinion over God's opinion is arrogance.

G. Its humility for be to be bold and proclaim the Word of God over your life. We know we cannot do any of these things by ourselves but in Christ we can do everything he calls us to do. (Philippians 4:19). This is humility

H. Many desire riches, honor and life not many are humbling themselves to receive it. (Proverbs 22:4)

I. Not many believers are looking to Gods Word for Life. Those who desire a long life must keep their tongue from evil and pursue peace (Psalms 34:12-14)

J. One of the biggest traps against humility is self-centeredness. Self-centeredness is an independent and self-reliance spirit. (Proverbs 29:23)

K. Walking in pride living a life focused on ourselves will bring us low and hinder what God can do in and through our lives. (Mark 8:35)

L. When we humble ourselves and submit to God, deferring to God and following his leading instead of our own wisdom we receive the strength, the grace, we need to resist the devil. (James 4:6-7) Resisting pride is resisting the devil.

M. We also must return to your first love (Rev. 2:1-5). Return to the way you were when you were first born again. Fill yourself with the love of God and spread the gospel to everyone you know.

N. Purify yourself by getting closer to God (1 John 3:1-3).