## UNDERSTANDING HOW TO BE FIT FOR THE MASTERS USE Handout #6

## A. We are vessels that need to be fit and prepared for God's use and every good work (2 Timothy 2:20-21).

- **a**. In the natural world, a vessel is made of a specific material, and the owner can use it however he or she wishes. In the spiritual realm, you—as a vessel—can determine to serve the Master with honor.
- **b.** Ask yourself these questions: <u>Are you fit?</u> Can God use you? <u>Are you in shape, ready for the work?</u>
- **c.** Faith is key to your fitness. Having Faith in God, believing Him, makes a somebody out of nobody.
- **d**. Jesus doesn't love you because you're somebody; you're somebody because Jesus loves you!
- **e**. Being born again makes you somebody. THE BLESSING of The LORD makes you somebody.
- **f.** We are righteous in Jesus. Believe in the Almighty God. He lives within you.
- **g**. He'll never leave you nor forsake you (Hebrews 13:5). He surrounds you everywhere you go. God is in you, around you and above you (2 Corinthians 6:15-18).
- **H**. Being Fit is knowing God lives inside His people. You are His hands and His eyes.
- i. Being Fit you know when you walk up next to danger, God inside you is right there to protect you.
- **j.** He's walking in you and speaking in you and through you. You are the temple of God (1 Corinthians 3:16)

## B. Most problems that we encounter are resolved through a personal relationship with God; we develop this relationship by practicing the art of being alone with Him

- **a**. Being Fit is developing a continuous relationship with the Holy Spirit. The Holy Spirit convinces us that our actions are not nearly as important as our beliefs. (John 16:7-13).
- **b**. "The Comforter" refers to the Holy Spirit; He was equipped to give us direction and get the job done.
- **c**. The Holy Spirit does not convict people of their wrongdoing. He was sent to deal with people's unbelief concerning Christ.
- **d**. When Jesus was on the cross, He took care of every sin except the sin of unbelief.
- **e**. Even born-again believers can struggle with disbelief in some areas of their lives. (Hebrews 3:12)
- **f**. The Holy Ghost convinces us about the things Jesus made available to us, so that we can repent of our disbelief.
- g. The man who brought his son to Jesus for Him to cast out an evil spirit struggled with disbelief. And straightway the father of the child cried out, and said with tears, Lord, I believe; help thou mine unbelief (Mark9:24).

- C. Being Fit is when we recognize we have the same authority as Christ, but it does us no good if we do not believe it. (Luke 10:19).
- **a.** God will not do anything that He has already told us to do. We have been authorized to get the devil off our backs and keep him off.
- **b**. We have authority over everything from the devil. Fear and disease do not come from God, but from the enemy. Therefore, we have authority over these things.
- **c**. The thief cometh not, but for to steal, and to kill, and to destroy I am come that they might have life, and that they might have it more abundantly (John 10:10).
- **d**. The words that come out of our mouths are vitally important. We walk in the results of our words. If we wonder how we got into a negative situation, we can backtrack and analyze what we said. (Proverbs 18:21).
- **e.** Spiritual people can become more frustrated than denominational people. This is because denominational people do not believe in or expect healing, deliverance, or prosperity; Word-based people do.
- **f.** We have been given the ability to do the same things that Jesus Christ, Himself, does. (1 Corinthians 2:16)
- **g**. But ye have an unction from the Holy One, and ye know all things (1 John 2:20).
- **h**. We have an anointing to get the job done. However, if we do not know the authority we have, we will not use it.
- **i.** We are like police officers; we have the power and authority to enforce spiritual law. God's Word is spiritual law.

## D. God wants the best for us, but it is up to us to choose to His promises.

- **a.** Who being the brightness of his glory, and the express image of his person, and upholding all things by the word of his power, when he had by himself purged our sins, sat down on the right hand of the Majesty on high (Hebrews 1:3).
- **b**. God's Word holds the world and the entire universe together. We are authorized to enforce that Word.
- **c**. For I know the thoughts that I think toward you, saith the LORD, thoughts of peace, and not of evil, to give you an expected end (Jeremiah 29:11).
- **d**. God's plans for us are always good. They never include sickness, stress, fear, or anything bad. It is not God's nature to punish us.
- **e**. We have been given the power to succeed and win; however, the choice is ours whether to use that power. (Deuteronomy 30:19).
- **f**. We must not have just a short burst of faith, but faith that continues to endure throughout the situation. Faith is a spiritual law and a principle (Romans 3:27).
- **E.** We wield tremendous power and authority. It is important that we remember this. There are seven areas where we have authority. **a.** The first area is over our seed. We have authority to give, and it shall be given unto us (Luke 6:38). If we do not give, it will not be given unto us. **b** When we resist the enemy, he will flee from us (James 4:7). If we do not resist, he will not leave.

- **c.** We speak to the mountains in our lives to remove them (Mark11:230). If we fail to do this, they will get progressively bigger.
- **d**. We can stop worrying; there is no need to be stressed out or depressed. Casting all your care upon him; for he careth for you (1 Peter 5:7).
- **e**. The fifth area is in our prayers. We can pray according to what Jesus has already done, receive it, and watch it come to pass
- **f.** We also have authority to condemn weapons formed against us. We can condemn any words others speak against us that go against God's Word. (Isaiah 54:17). If we do not, we give those words credence.
- **g**. We have the authority & power to have Heaven on earth. We can rebuke and loose (Matthew 18:18) If we do not, we can always have drama and issues that seems to never go away.
- F. There are five practical keys to operating in our authority.
  - **a**. We need to speak directly to our problems, not about them.
  - **b.** God did not tell us to talk to Him about our problems and ask Him to make them go away; He told us to speak to the mountain and cast it into the sea.
  - **c**. We must talk to our problem about God, not to God about our problem.
  - **d**. Religion does not talk about the authority of the believer, because it is a safe way out. If we do not have any authority, we cannot hold ourselves accountable.
  - **e**. Instead of asking God to heal, we can praise Him because He has already provided healing.